
Behold, I am doing a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert.
Isaiah 43:19 (ESV)

A new year, a new beginning for Paya Lebar Methodist Church's **heartbeat**—this time, as monthly e-newsletter highlighting events and activities at PLMC. We hope to keep you updated, and that you'll be encouraged to join in to love and serve our Lord God, hosting His presence wherever you go and being a blessing to the community and the nations!

新的一年，巴耶利峇卫理公会 **心跳@PLMC** 的新开始——这一次，每月电子通讯将重点介绍PLMC的事件和活动。我们希望让您随时了解最新情况，并鼓励您加入到爱和事奉我们的主上帝的行列中，无论您走到哪里，都带着祂的同在，并成为社区和国家的祝福！

2025 – YEAR OF EXPANSION 扩展之年

After equipping ourselves and our cell groups in the Year of Empowerment in 2023 and blessing the community in the Year of Engagement in 2024, the PLMC family enters the Year of Expansion in 2025, with a focus on blessing the nations. On Vision Sunday (Jan 5), Pastor-in-Charge Rev Dr Kow Shih Ming challenged us to expand our minds, hearts and faith as we journey with God this year.

在2023得力之年，我们装备了自己和我们的细胞小组，并在2024的参与之年祝福社区。现在，PLMC大家庭进入2025扩展之年，重点祝福各国。异象主日（1月5日），主理牧师高时敏牧师博士挑战我们今年与上帝同行时，扩展我们的思想、心灵和信心。



The parade of nations was a picture of a time to come when God would reign over every nation, tribe and people (Revelation 7:9)

列国的游行描绘了上帝将统治每个国家、族群、民族的未来时代（启示录 7:9）



WELCOME HOME 欢迎回家

We warmly welcome Rev Emanuel Goh to our pastoral team. He is no stranger to many of us, having grown up in PLMC. He had attended our Covenant Kindergarten, Sunday School and youth ministry, and was an intern as well as ministry staff to young adults. We rejoice with him as he begins a new personal chapter, becoming a first-time father early in the new year.

我们热烈欢迎吴声亮牧师加入我们的牧灵团队。他对我们很多人来说并不陌生，他从小就在 PLMC 长大。他曾就读于我们的圣约幼儿园、主日学和青年事工。他曾在教会办公室实习，并负责年轻人的事牧养事工。当他开始新的个人篇章，在新年伊始首次成为父亲时，我们为他感到高兴。

Get to know Pastor Emanuel in a special feature in PLMC Stories.

通过PLMC心声的专题进一步认识吴牧师。

LEADERS' DEDICATION 领导奉献

Over 400 of PLMC's leaders and staff started the year by dedicating themselves to God at the various English, Mandarin, Filipino and Youth services (Jan 11, 12, 18 and 19), pledging to live out the calling God has for them. We thank God for their faithful service in our leadership team, ministries and cell groups.

在英语、活石、菲律宾与青少年聚会（1月11、12、18、19日）中，超过400位PLMC领袖和职员以承诺活出上帝对他们的呼召开启了新的一年。我们为我们的领袖、事工和小组团队忠心的服侍感谢上帝。



Leaders serving in the LCEC (top), (bottom from left) Living Stones Mandarin Service, clusters and cell groups (including Silver Boxes children's leaders), as well as Filipino Service were dedicated in January.

PLMC执行委员会会员（上）、（底部，从左起）活石华语崇拜的领袖、细胞小组（包括儿童事工）的领袖、以及菲律宾语崇拜的领袖在1月各个聚会承诺活出上帝对他们的呼召开启了新的一年。

SILVER BOXES MISSIONS SUNDAY

The young ones in our church family learnt to share God’s heart for the nations during the Silver Boxes Missions Sunday on January 26. Through interactive and fun discovery stations, they learnt about God’s heart for the nations and experienced how they could play a part in missions. The children also made blessing cards and prayed for one of the churches in Indonesia that PLMC is partnering with.



MEN’S MINISTRY BREAKFAST TALK

The Men’s Ministry organised a breakfast talk by Mr Henson Lim, founder of Archippus Awakening (pictured left), on January 18. Titled Change – Awakened, Aligned, Assigned, the talk challenged the 75 participants to know and fulfil their God-given kingdom assignment.

The event also saw the handing over of the ministry’s leadership baton from Mr Chong Soon Fook to Mr James Tham. We thank God for Soon Fook, who faithfully led the ministry over the past decade, and we pray for God’s continue guidance of the Men’s Ministry through James and his team.



events in

FEB 2025

SUN	MON	TUE	WED	THU	FRI	SAT
						01 <ul style="list-style-type: none"> • Outreach – Woodleigh • Sonshine Kids
02	03	04	05	06	07	08
	<ul style="list-style-type: none"> • Companions in Christ (ev Mon, till 13 Sep) • GYM Line Dancing (ev Mon & Thu) 	<ul style="list-style-type: none"> • Family Life: The Significant Couple • Companions in Christ (ev Tue, till 13 Sep) • MS Prayer Service (ev 1st Tue) • GYM Stretch & Tone (ev Tue & Fri) 	Corporate Prayer Meeting (ev 1st Wed)	GYM Line Dancing (ev Mon & Thu)	GYM Stretch & Tone (ev Tue & Fri)	<ul style="list-style-type: none"> • Outreach – Buangkok • Sonshine Kids • Missions Leaders Training
09	10	11	12	13	14	15
		Outreach – St Luke’s Serangoon, Friends of Jesus	Missions Prayer Meeting (ev 2nd Wed)	GYM Senior Connect excursion	Outreach – Shaw Road	<ul style="list-style-type: none"> • Outreach – Serangoon • Sonshine Kids • ALPHA (Eng & Mand, till 29 Mar) • Young Adults Reunion Hotpot
16	17	18	19	20	21	22
<ul style="list-style-type: none"> • WSCS Outreach – Anglican Family Centre • Floral Outreach class (till Jun 9) 	<ul style="list-style-type: none"> • Young Adults Hotspot • Outreach – St Luke’s Hougang, Friends of Jesus 	Staff retreat cum Mission trip 18-21 Feb			Outreach – Shaw Road	<ul style="list-style-type: none"> • Outreach – Lor Lew Lian, Serangoon • Sonshine Kids • WSCS Ministry to AFC kids
23	24	25	26	27	28	
	<ul style="list-style-type: none"> • LCEC • Outreach – St Luke’s Hougang Meadow, Friends of Jesus 				Outreach – Hope SCC, Shaw Road	

Note: Listing is not exhaustive

A FAMILY BLESSED TO BLESS THE COMMUNITY AND THE NATIONS

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