hear beat@PLMC



PLMC celebrated her 93rd anniversary with thanksgiving, giving praise and glory to our faithful God.

PLMC 以感恩之心欢庆建堂93周年,赞美并尊荣我们那信实的上帝。

Great is God's Faithfulness to PLMC 上帝对巴耶礼峇堂的信实何其伟大

It was with much joy and thanksgiving that Paya Lebar Methodist Church celebrated our 93rd anniversary on 13 July 2025.

The combined services featured the GSUS Ensemble, Psalters and Filipino choirs, dancers and flaggers, with worship leaders from English and Living Stones Mandarin services.

Guest speaker Pastor Dr Daniel Ho reminded us of our calling to be on His Majesty's service to bless the community and nations and bring the Gospel to the last, least and lost. The Silver Boxes Children's Ministry had planned special and fun programmes for all levels too. The festivities were capped by treats of fresh popcorn and candy floss, as worshippers, armed with 'boarding passes', explored missions opportunities to bless the nations in our Year of Expansion. All glory to our faithful God! May we continue to trust and serve Him at PLMC! – Geraldine Yeo

2025年7月13日,卫理公会巴耶礼峇堂 (PLMC)满怀喜悦和感恩,举行了建堂 93周年纪念庆典。联合崇拜由来自英 语和活石华语崇拜的领诗歌手带领,与 GSUS乐团、圣咏和菲律宾合唱团、舞 蹈演员和旗手们一起精彩呈现。

特邀讲员Daniel Ho博士牧师提醒我们,我们的呼召是侍奉上帝祝福社区与列国,并将福音传给最后的、最小的和失丧的人。

银礼盒儿童事工也为各年级的孩子们准 备了特别而有趣的节目。

庆祝活动无限量供应当场现做的爆米花和棉花糖,信徒们手持"登机牌",在我们的拓展之年中探索那祝福万国的宣教机会。

荣耀归于我们信实的上帝! 愿我们在 PLMC继续信靠并事奉祂!

In this issue:

Celebrating PLMC's 93rd Anniversary

"我在巴淡岛短宣时做了决志祷告!"

"I said the sinner's prayer while on a mission trip to Batam!"

PLMC's Inclusivity
Journey

Events in August



Year of Expansion – "I said the sinner's prayer while on a missions exposure trip to Batam!"

扩张之年 – "我在巴淡岛短宣时做了决志祷告!"



从完全不了解什么是短宣,也不知道短宣会经历什么,到这次踏上巴淡岛,成为一次让我大开眼界的经历,甚至可能是我人生中一个重要转折点的决定。我是 Jimmy (王竣民),这是我的故事。

历,每至可能定找人主中一个重要我们点的决定。我是 Jimmy (王竣民),这是我的故事。这是一个临时的决定。那天太太问我,想不想参加一趟短宣。我当时就想:短宣到底是做什么的?太太向我解释后,我第一个反应是:"我还一个基督教中的新生儿,能影响别人相信耶稣吗?"但她鼓励我,于是我就说:"好吧,我去。"

虽然不知道会发生什么,我还是告诉自己:一定要尽可能地去帮助团队中的其他人、帮助他们影响当地人的方式。最后我被分配的任务是,在活动中负责拍照和录影。

拿起相机的那一刻,我不只是记录画面,更捕捉每一个表情、情感和细微的动作。当大家全心投入服事,我的镜头也在悄悄见证着那份真实与感动。尤其当我们接触到孩子们,那份感受特别强烈。他们来自同的背景、文化与信仰,但我们之间却产生了奇妙的连结。我们一起笑、一起玩、分享爱与喜乐。其实我们喜欢!

那一刻,神让我意识到:我们真的太蒙福了,蒙福到常常忘了自己有多被祝福。我很感恩看到大家在这次短宣中都那么喜乐。活动进行得顺利,队员们也开心,而我们更感到欣慰的是——我们的努力没有白费。就在短宣快结束时,我忽然意识到,我现在所做的,其实就是很多人一生在做的——撒种。

我自己也是从不同的信仰背景走过来的。尽管如此,我却参加了许多教会的活动。我的家人有他们的信仰,而我也从没认真跟随。我大概是一直靠自己过生活,直到有一天,我跌到人生谷底,无助之中我向连活,直到有一天,刚好有朋友带我去教会。我祷告了,然后......我的祷告居然被回应了!虽然当时我心里想,或许只是巧合,但我也告诉自己:也许,我可以给自己一个机会,去认识这位耶稣。就是从那时起,短一步一步地,最后走进了 PLMC,也参加了这趟短官之旅。

如今我已经结婚了,也非常希望有个孩子。也正因如此,我愿意自己先成为耶稣的孩子。在这次短宣里,我做了认罪祷告,接受耶稣成为我生命的救主。我想,这将成为我生命的转折点。为了看见这条路的尽头通向哪里,我愿意相信耶稣所为我预备的一切。阿们!—Jimmy 王竣民

From not knowing what a mission trip is and what to expect, to an eye-opening experience and a life-changing decision in Batam – my name is Jimmy and this is my story.

It was a last-minute decision. My wife asked me if I wanted to join a mission trip. My first thought was, I'm still new to Christianity, how could I influence others to believe in Jesus? But my wife encouraged me, so I said OK

Unsure what to expect, I decided to support and help the team members where possible. I was tasked with taking pictures and videos as they engaged in running the activities. Not only did I end up capturing the moments, but also the feelings, emotions, and expressions of those immersed in the activities, especially the children. They may come from different beliefs, a different culture. But we all bonded together, shared laughter, love and happiness. We thought we had prepared a simple and insignificant game, yet the children all loved it!

God helped me realise that, we are blessed, so blessed that we often forget how blessed we are. Participants were happy with the activities we had planned, we were also happy because everyone had a good time, and that our hard work was not in vain. Nearing the end of the trip, I suddenly realised that I was doing what the rest had been doing for a while — sowing seeds.

I come from a different faith. However, I've been attending church events since I was a child. Even though my family was of a different faith, I didn't follow it either. I was probably believing in myself until one day, I was at the lowest point of my life. I couldn't help but pray to Jesus. I was attending a church service with my friend at the time. Guess what? My prayers were answered!

That was the point when I told myself, maybe it was a coincidence, but I should still give myself the chance to know more about Jesus. That was how I slowly ended up in PLMC and going on the mission trip.

I am married now, and we're hoping for a child. I myself am willing to be a child of Jesus. I said the sinner's prayer during this mission trip, accepting Jesus as my Saviour. This is a turning point for my life. I am willing to believe in Jesus for what He has prepared for me in the days ahead. Amen! — Jimmy Wong

What the other MET trippers said:

其他参与短宣团队的分享:



这是我第一次带队出发去短宣,说实话,心里真的很忐忑。但信实的神始终与我们同在,一步一步带领我们。原本我们计划在五月底出发,但当时小组中有些弟兄姐妹因工作关系无法参加。我想,哪怕只有8到10个人,应该也足够完成基本的事工。然而,有一天在灵修中,神向沪说话:祂所看重的,不只是事工有没有完成,而是更多门徒能被差遣,亲身参与祂的宣教计划。特别是我们小组里,很多人从未有过短宣的经历。

那一刻我立刻决定顺服。于是,我取消原定的日期,并将出发时间延后到七月底。感谢主,这次一共有 15 位大人、2 位孩子回应了呼召,其中许多都是第一次参加短宣。最终,我们组成了一个17 人的团队,远远超出我最初所预想的人数。

当然,人数一多,带来的挑战也随之而来。包括事工安排、行程协调、后勤支援等等都更复杂。但神亲自与我们同众不不变为智慧,也掌管每一个细节。我更清楚地看见圣灵在整个团队中运行,使我们合而为一。在面形水场上临时的变动和突发状况时,每一位队员都以顺服的心挺身而出、彼此扶持。作为带队协调者,我也在观察与服事中,看见了许多组员平时不容易察觉的优点,让我对他们有更深的认识与欣赏。

让我非常惊喜的是,这次去 Eduland 和 Cahaya,所接触的儿童与妇女人数相比我二月初访时都有显著增长。当我看到神的事工不断拓展,也体会到:当我们愿意踏出信心的脚步,神就亲自将得救的人带到我们面前。

这次短宣中,我们也亲身经历了神迹。原本是雨天,神为我们转为晴朗的好天气。而就在天气放晴五分钟后,许多妇女便带着孩子陆续来到 Cahaya, 那天的参与人数甚 至超过了GMC主任牧师事先告知我们的准备数。

神也在这次短宣中教我更敏锐地聆听祂的声音,并凭信心一步一步跟随。当我因感动而去询问并确认 Jimmy 弟兄愿意接受耶稣为个人的救主时,神在我心里清晰地说了一句话:"Sit down and eat(坐下吃饭)"。

接着,祂带领我们去到一家祂早已安排好的餐厅,神奇地把三张桌子合在一起,让我们17人能够围坐在同一桌。就在那一顿饭中,Jimmv 弟兄做了决志祷告,我们全队也一起与他在主的"筵席"上享受团契。我也趁此机会与他的少事,就为信靠祂的人所预备的天国筵席,我们一同欢迎他进入基督的肢体。现在回想那一幕,我仍然深深地被神的安排和奇妙感动。

最后,我想鼓励还在犹豫是否要踏出这一步的弟兄姐妹,勇敢踏出你的第一步,并且不要停止你在短宣路上的脚步。因为,当我时隔五个月再回到 Eduland 和 Cahaya时,很多孩子居然还认得我,主动向我打招呼。神让我明白,孩子们记得你,也必定会记得你带给他们的那位神。哪怕你所撒下的是一颗小小的种子,神也会亲自使它在他们心中生根、发芽、成长。

愿一切荣耀都归于我们的神,愿祂的名在万国万民中被 高举,直到地极! - 李园园姐妹领队 (照片后排右起第六

This was my first time leading a missions team, and honestly, I was quite nervous. But God was always with us, faithfully

guiding us every step of the way.

My cell group had originally planned to leave at the end of May, but some members were unable to join due to work commitments. I had thought that we should still proceed even with eight or 10 people. However, one day during quiet time, God spoke to me: What He values is not just the completion of the mission, but also that more disciples would be sent to personally participate in His plan for the nations. I immediately decided to obey and postponed our trip to the end of July. Thankfully, 15 adults and two children responded, many of whom were first-timers. We formed a team of 17, far exceeding my initial expectations.

Of course, with a larger group came challenges. These included more travel coordination, and logistical support. But God was with us, providing wisdom and overseeing every detail. I saw clearly how the Holy Spirit moved within the team, uniting us as one. Faced with last-minute changes and unexpected situations on the field, each team member stepped up, supporting one another. As the team leader, I also observed many strengths in my team members which gave me

a deeper appreciation of them.

I was pleasantly surprised to see that the number of children and women at Eduland and Cahaya had increased significantly since my first visit in February. As I watched God's work continue to expand, I realised that when we are willing to step out in faith, God personally brings the harvest

During this short trip, we experienced a miracle. It had been raining, but God blessed us with clear weather. Just five minutes after the weather cleared, scores of women and children arrived at Cahaya, exceeding our expectations.

This trip also taught me to listen more keenly to His voice and to follow it step by step in faith. When I wanted to confirm with Brother Jimmy that he was willing to accept Jesus as his personal Saviour, God spoke clearly to me: "Sit down and eat.

Then, He led us to a restaurant. Miraculously, He joined three tables together, allowing all 17 of us to sit together. During that meal, Brother Jimmy prayed to receive Jesus as his Saviour, and our entire team enjoyed fellowship with him at the Lord's "table", like the heavenly banquet Jesus has prepared for those who trust in Him. We welcomed him into the Body of Christ. Thinking back on that scene now, I am still deeply moved by God's provision and wonder.

Finally, I want to encourage brothers and sisters who are

still hesitant to take this first step to go on a missions trip, and to never stop on their missions journey. When I returned to Eduland and Cahaya after five months, many of the children still recognised me and greeted me. God revealed to me: If these children remember you, they will also remember the God you brought them. Even if you sow a small seed, God will personally enable it to take root, sprout, and grow in their hearts

May all glory be given to our God, and may His name be exalted among all nations and peoples, to the ends of the earth! – Li Yuanyuan, trip leader (back row sixth from right)

What the other MET trippers said:

其他参与短宣团队的分享



在这次为期两天一夜的巴淡短宣中,我满心感恩能成为神手中做工的门徒。其实在出发前,我一直觉得自己的生命不够好,不足以去影响别人。而且这是我人生第一次参与短宣,心里难免担心,会不会给团队带来麻烦。但感谢主,当我选择全然交托和信靠祂,把焦点从自己转向神的工作时,一切竟是如此平安、顺利,心中也充满喜乐。这次短宣让我深深体会到:我们不需要等到"完美",才可以被神使用。只要愿意行动,愿意回应,神就会亲自预备、亲自开路。让我最感动的,不是自己做了什么,而是在带领孩子的过程中,看见让我最感觉造生命。透过他们的纯真、专注与损损,我也被提醒一个里单纯地爱神、跟随祂。虽然短宣只有短短两天,但我相信神在这里的工作是永恒的。— Andrea 刘紫莹姐妹

During this two-day, one-night missions trip to Batam, I was filled with gratitude for becoming a disciple working in God's hands. Before settling out, I felt my life wasn't good enough to influence others. Furthermore, this was my first missions trip, so I was inevitably worried about causing trouble for the team. But thank God, once I chose to fully surrender and trust Him, shifting my focus from myself to God's work, everything became so peaceful and smooth, and my heart was filled with joy. This missions trip deeply impacted me: We don't need to wait to be perfect before we can be used by God. As long as we are willing to act and respond, God will personally prepare and pave the way.

the way. What moved me most wasn't what I did, but seeing how God shaped the lives of the children while I was leading them. Through their innocence, focus, and passion, I was reminded of what it means to simply love and follow God. Although the trip was only two days, I believe God's work here is eternal. – Andrea

这次巴淡短宣,让我深深感受到神的带领。整个团队出人意料地合一,彼此配搭、互相帮助,没有争执或抱怨,仿佛神亲自在我们中间调和。 最感恩的是天气的看顾。在托管中心服侍那天,早上还下着

最感恩的是天气的看顾。在托管中心服侍那天,早上还下着雨,场地湿漉漉的,我们担心活动无法进行。但当我们祷告后,雨停了,地面也渐渐干了,妇女们可以舒服地坐下听分享、做手工。那一刻,我真切体会到神的信实,祂在乎我们的事工,连细节都预备妥当。这次短宣让我学到:当我们愿意踏出去服侍,神就亲自开路和预备。- 钟浩帮弟兄

This short missions exposure trip to Batam left me with a deep sense of God's guidance. The entire team was surprisingly united, working together and helping each other without any arguments or complaints. It was as if God Himself was among us bringing about peace and harmony.

harmony. I am most grateful for the weather. On the morning when we went to serve at the care centre, it rained, and the ground was soaking wet. We were worried that the programme we had planned could not go ahead. But after we prayed, the rain stopped, and the ground gradually dried up, allowing the women to sit comfortably to listen to the sharing and do the handicraft activity. In that moment, I truly felt God's faithfulness. He cares about our ministry, even down to the smallest details. This missions exposure trip taught me that when we are willing to step out to serve, God personally opens the doors and prepares the way for us. – Bon Chong



我去巴淡岛最大的 收获就是神赐给我 的力量。我去巴淡 岛的时候非常累, 但是我在和小朋友 玩耍、教他们做手 工时,却一点都不 累。我认为这不仅 是神给我的力量, 也是上帝让我继续 参加宣教活动的旨 意,我以后会继续 去参加宣教活动, 多多的来教会。

最后,一切荣耀归 干上帝,阿门。 任平生弟兄(11岁)

The biggest blessing of my trip to Batam was experiencing the strength God gave me.

I was very tired when I arrived in Batam, but I wasn't tired at all when I played with the children and taught them handicrafts. I believe this is not only God's strength, but also God's will for me to continue participating in missions activities. I will continue to participate in missions activities and come to church more often.

Finally, all glory to God, Amen. - Ren Pingsheng (11 years old)



Four things touc

1. The four professional and gentle early childhood teachers on my team reminded me that education isn't just about imparting knowledge but sowing seeds of love in the hearts of children. 2. The unity and servant-heart of our brothers and sisters. The schedule kept changing, but no one complained. We supported each other and worked together as one body in Christ.

3. A fellow tripper decided to accept Jesus as his Saviour. He said, "You stepped out to share God's love, and I'm the one who has received His love."

4. God's timing and ways always exceed our plans. This trip has strengthened my understanding and trust in God. As long as we follow Jesus' footsteps with faith, He will lead us to experience His love and power again and again.

May this testimony encourage more people to take that first step of faith, to live for the Lord. and to bear witness for Him to the ends of the earth! - Emily Yi

此行有四件小事深深触 动我:

1. 团队里四位幼教老师 的专业与温柔,让我看 见禾场的需要,也提醒 我:教育不只是传授知 识,更是把爱的种子撒 进小小的心田。

2. 弟兄姐妹的合一与顺 服。流程一直有变化, 大家没有一句埋怨,随 时调整、彼此补位,让 "主的肢体"真实活现。

3. 同行中的 一位弟兄 决志信主。他说:"你 们踏出来是为了传递 爱,而我正是那位接受

4. 上帝的时间与方法总 是超出我们的计划。再 次更加我对上帝的理解 和信靠,只要凭着信心 跟随耶稣的脚踪,祂就 带我们一次又一次经历 祂的爱与大能。

愿这篇小小的见证,鼓 励更多人愿意跨出信心 的第一步,为主而活, 为主作见证,直到地 - Emily 易丽文姐 极!

PLMC's Inclusivity Journey PLMC **的包容性之旅**

PLMC has long had a vision to be a safe place for the various communities within the church family. Among these, the disability community became an area of focused action in recent years since 2021.

PLMC 长期以来的愿景是为教会大家庭内的各个社群 打造一个安全的地方。其中,残障人士社群近年来自 2021年起成为我们重点关注的领域。



2023: Laying the Groundwork - A Collaborative Strategy 奠定基础 - 合作战略

With a growing conviction for inclusion, PLMC reached out to KIN to explore the next steps.

Through conversations, we worked together to understand the church's vision, discuss strengths and challenges, and co-develop a strategy that made sense for PLMC's unique context.

From these discussions, two key initiatives emerged:

- PLMC would form a disability inclusion task force to spearhead efforts within the church.
- KIN would support by providing congregation-wide training, equipping interested members to take part in the journey. This phase underscored the value of partnership — PLMC proactively took ownership of its vision and initiatives, and KIN came alongside to help strategise, provide guidance on practical steps forward, and share ministry insights.

随着对包容性理念的日益坚定,PLMC 与 KIN 取得联系, 共同探讨下一步行动。

通过对话,我们共同了解教会的愿景,探讨优势与挑战,并共同制定了适合 PLMC 独特背景的战略。 从这些讨论中,我们提出了两项关键举措:

- PLMC 将组建一个残障人士包容专责小组,带头推动 教会内部的各项工作。
- KIN 将通过提供全会众培训提供支持,帮助感兴趣的成员参与到这一旅程中。这一阶段强调了合作的价值— PLMC 积极主动地承担起其愿景和举措的责任,而 KIN 则与 PLMC 携手合作,帮助制定战略,提供切实可行的下一步行动指导,并分享事工洞见。

2024: Turning Vision into Action 将愿景付诸行动

The year saw exciting progress as both partners played active roles:

Bible Study Resource — PLMC took initiative by purchasing Enabling Communities, KIN's Bible Study resource, empowering cell groups to explore disability inclusion at their own pace.

- May: Congregation Training KIN conducted a training workshop for the adult congregation, deepening members' understanding of disability and reinforcing learnings from the Bible Study
- June: Koinonia Groups Resource Following the book launch
 of Koinonia Groups, a practical guide for cell groups, PLMC
 recognised the need to deepen equipping of the church. They
 purchased the resource and made it widely available to its
 cluster/cell leaders and ministry leaders.
- August: Strategy Review & Next Steps PLMC and KIN reconnected to evaluate progress and identify the steps forward. In the following months, the church's task force was formed, and a survey was rolled out to gather insights from the congregation. A paper, titled Embracing Inclusivity, was produced and shared with church leaders so that they too would commit to the vision to shape an inclusive community at PLMC. The paper was also circulated to the entire congregation on PLMC's Vision Sunday, on 5 January 2025.

这一年,双方积极参与,取得了令人振奋的进展: 圣经学习资源 — PLMC 主动购买了 KIN 的圣经学习资源《赋能社区》,赋能小组按照自己的节奏探索 残醣包容。

- 五月: 会众培训 KIN 为成年会众举办了培训 研讨会,加深了成员对残障的理解,并巩固了圣经 学习的学习成果。
- 六月: Koinonia 小组资源 在《Koinonia 小组》这本小组实用指南发布后, PLMC 意识到需要深化教会的装备。他们购买了这本资源, 并将其广泛提供给其小组/小组领袖和事工领袖。
- 八月: 战略回顾与后续步骤 PLMC 和 KIN 重新联系,评估进展并确定下一步行动。在接下来的几个月里,教会成立了特别工作组,并开展了一项调查,收集会众的意见。一份题为《拥抱包容性》的文件已制作完毕,并分发给教会领袖,以便他们也能致力于在PLMC打造一个包容性社区的愿景。该文件也于2025年1月5日PLMC的愿景主日向全体会众分发。

2025: Expanding Inclusion in Children's Ministry 扩大儿童事工的包容性

As PLMC deepened its commitment to inclusion, they engaged a trainer connected through KIN's Community of Practice to equip their Children's Ministry team.

This ensured that the team received targeted training aligned with their specific ministry needs.

随着PLMC对包容性的承诺不断加深,他们聘请了一位 通过KIN实践社区联系的培训师来装备他们的儿童事工 团队。

这确保了团队能够获得符合其具体事工需求的针对性 培训。

Looking Ahead: A Shared Commitment 展望未来: 共同的承诺

PLMC is now building upon this momentum with a long-term plan to integrate inclusion into the different aspects in the life of the church, with a training session by KIN slated for early 2026 on an inclusive Sunday School.

As this journey unfolds, one thing remains clear: Disability inclusion is not a one-time initiative, but an ongoing commitment that grows through partnership.

Together, PLMC and KIN continue to learn, lead, and take action, with each bringing unique strengths but moving forward with a shared heart for disability inclusion.

PLMC 正以此势头为基础,制定一项长期计划,将 包容性融入教会生活的各个方面。KIN 计划于 2026 年初举办一期包容性主日学培训课程。

随着这一进程的展开,有一点始终清晰: 残障包容并非一次性举措,而是一项通过合作不断成长的持续承诺。

PLMC 和 KIN 携手并进,继续学习、引领并采取行动,双方各展所长,但怀着共同的心愿,致力于残障包容。

This article was co-developed with and first appeared on Koinonia Inclusion Network's website, kin.org.sg. It is reproduced with permission. PLMC's first Inclusivi-TEA event is on 29 August. For more information and to sign up, do visit https://plmc.org/inclusivi-tea/

events in

AUGUST 2025

SUN	MON	TUE	WED	THU	FRI	SAT
31					01	02
					GYM Stretch & Tone (ev Tue & Fri)	 Outreach – Woodleigh, Buangkok Sonshine Kids Men's Ministry Breakfast Talk
03	04	05	06	07	08	09
Outreach – Migrant Workers English Class (ev Sun)	Companions in Christ (ev Mon, till 13 Sep) Christian Believer (till 6 Oct) GYM Line Dancing (ev Mon, Wed & Thu)	 Companions in Christ (ev Tue, till 13 Sep) Disciple 3 (till 21 Oct) MS Prayer Meeting (ev 1st Tue) GYM Stretch & Tone (ev Tue & Fri) Outreach – Friends of Jesus 	GYM Line Dancing (ev Mon, Wed & Thu)	GYM Line Dancing (ev Mon, Wed & Thu) Disciple 1 (till 27 Nov)	Outreach – Shaw Road	National Day Outreach – Migrant workers outing
10	11	12	13	14	15	16
		Outreach – St Luke's Serangoon, Friends of Jesus		• GYM Senior Connect (ev 2nd Thur) • Hermeneutics (till 2 Oct)	Outreach – Shaw Road	Outreach – Serangoon, ECON RR Sonshine Kids Men's Ministry (ev 2nd, 3rd & 4th Sat) Celebration Saturday Baptism & Membership Class (till 11 Oct) Alpha (till 4 Oct) YA Educators Hotspot Missions Trip Leaders Training
17	18	19	20	21	22	23
Bahasa Fellowship (ev 3rd Sun)	WSCS Outreach – Anglican Family Centre	Outreach – St Luke's Lor Ah Soo, Friends of Jesus	Missions Prayer Meeting (ev 3rd Wed)	YA Finance Hotspot	Outreach – Shaw Road Aflame Worship Night	Outreach – Lor Lew Lian Sonshine Kids WSCS Ministry to AFC kids Christian Critical Thinking (till 30 Aug)
24	25	26	27	28	29	30
Missions Preparatory Course		 LCEC Outreach – St Luke's Hougang, Friends of Jesus 			 Outreach – Shaw Road, Hope SCC Inclusivi-TEA 	

Note: Listing is not exhaustive

