

heart+beat@PLMC



Photos courtesy of Daniel Lie and MCS Communications

MCS 140th Thanksgiving Service at PLMC 卫理公会 140周年 感恩聚会 @ PLMC

It was our profound honour and joy to host the grand Celebration Service for The Methodist Church in Singapore's 140th Anniversary on 19 September 2025. This momentous occasion brought together over 750 people, including our Methodist pastors, esteemed denominational leaders from Singapore, and fellow Methodist clergy from across Asia and Australia.

The service was a powerful testament to our unity in Christ. Our hall echoed with worship as the congregation sang hymns in multiple languages, accompanied by a unified ensemble of the Methodist Festivals Orchestra, the Methodist Festival Choir, and the Emmanuel Tamil Annual Conference Band. The call to worship was led by Methodist students from Trinity Theological College, representing our three Annual Conferences, symbolizing our shared journey.

We were deeply encouraged by the sermon from Bishop Lim, based on Hebrews 12:1-3 and titled "Worship God with Relevance and Peace." He framed our Christian journey as a relay race, urging us to run with perseverance. His three key points resonated deeply:

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Photos courtesy of Daniel Lie and MCS Communications

first, to draw inspiration from the faith of early missionaries; second, to persevere in our race despite challenges, as highlighted in a recent report; and third, to run this race together as a Church through acts of service and scriptural holiness in our daily lives.

A significant aspect of the celebration was the warm fellowship with our distinguished guests. We were privileged to welcome Cardinal William Goh, who expressed great admiration for MCS, especially in forming leaders grounded in gospel values. The presence of other local ecumenical leaders and international Methodist bishops underscored the wider body of Christ celebrating with us.

The service also beautifully connected our past to our future. Rev Ezekiel Tan from The Bible Society of Singapore movingly recalled how a Bible was placed in a time capsule at Trinity Annual Conference Chinese Methodist Church years ago, and marked the occasion by contributing a new Bible for a new time capsule, signifying our ongoing unity in propagating God's Word. As the hosting church, we are filled with thanksgiving. This 140th-anniversary service was not just a look back at God's faithfulness but a powerful call to continue running the race set before us—together, with renewed worship, reflection, and mission.

本堂深感荣幸，于2025年9月19日承办了新加坡卫理公会成立140周年的盛大庆祝礼拜。这次意义深远的盛会汇聚了逾750人，包括本宗派牧师、新加坡各宗派领袖，以及来自亚洲和澳大利亚的卫理公会同工。

这场礼拜是我们基督里合一的有力见证。当会众用多种语言颂唱圣诗，在卫理公会节庆乐团、卫理公会节庆诗班及以马内利淡米尔年议会乐团的联合伴奏中，敬拜之声回荡在整个殿堂。三一神学院的卫理公会学生代表我们三个年议会主礼启应祷告，象征着我们同行的旅程。

林牧师的证道深深激励了我们。他引用《希伯来书》12:1-3，以“以关联与平安敬拜神”为题，将我们的基督徒旅程喻为接力赛，勉励我们坚持不懈地奔跑。他的三个要点发人深省：首先，从早期宣教士的信心汲取灵感；其次，面对挑战仍要坚忍不放弃；第三，通过日常生活中的服务和圣经中的圣洁，作为教会共同奔跑天路。

与各位主内肢体的温馨团契是庆典的重要环节。我们荣幸迎来威廉·吴枢机主教，他高度赞赏新加坡卫理公会在培育扎根福音价值观的领袖方面的成就。其他本地跨宗派领袖及国际卫理公会主教的莅临，彰显了基督身体与我们同庆的美好见证。

这次庆祝礼拜巧妙地将过去与未来相连。新加坡圣经公会陈牧师感人地回顾了多年前在三一年议会华人卫理公会放置圣经的时光胶囊，并在今年建筑重启时为此新时光胶囊奉献新圣经，象征着我们传播神话语的持久合一。

这140周年庆典不仅是对神信实的回顾，更是对我们前方道路的有力呼召——怀着更新的敬拜、反思和使命，同心协力奔跑那摆在我们前面的赛程。

Leadership Retreat 2025

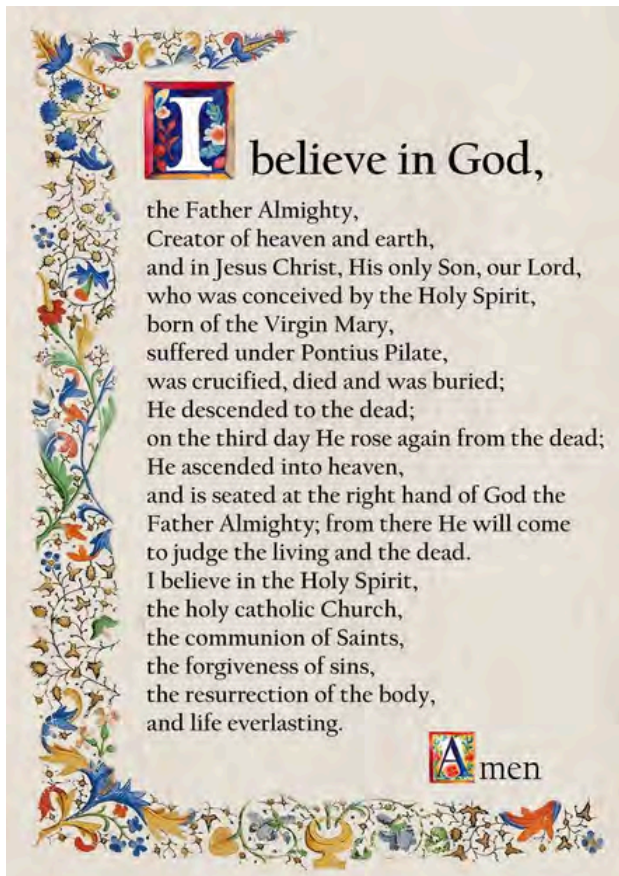


In a gathering of 225 leaders at the PLMC Leadership Retreat 2025, Pastor Shih Ming delivered a powerful address reflecting on the church's three-year journey of "Empowerment, Engagement, and Expansion" and casting a compelling vision for the future. Looking back as a church family, we celebrated God's faithfulness, highlighting how PLMC has grown as a church that hosts God's presence, deepened its cell group ministry, actively engaged the local community, and expanded its reach to the nations through numerous mission trips. He also noted progress in becoming a safer, more intergenerational church with renewed leadership and a secured land lease. Building on this foundation, Pastor Shih Ming unveiled the theme for 2026: **"The Year of More."** Grounded in Ezekiel 47 and Ephesians 3:20-21, the vision calls the church to expect "more" from God, who is able to do immeasurably more than anyone can ask or imagine. The practical outworking of this theme includes a challenge for every member to disciple "One More for Jesus," a focus on reaching more children and seniors, and developing more spiritually mature leaders. The address culminated in the ultimate goal for the coming year: that PLMC would be distinguished above all by hosting more of God's presence, truly becoming a church where "The Lord is there." The message concluded with a resounding call to seek the greater glory of God in the season ahead.

在2025年领袖退修会上，高时敏主理牧师向225位与会领袖们回顾了教会"得力、参与、扩展"的三年历程，感念上帝的信实，特别指出教会在敬拜氛围、细胞小组、社区关怀和宣教等方面的成长，以及在培养安全环境、跨代同堂和领导层更新方面的进展。在此基础上，主理牧师宣布2026年主题为"更多之年"，以《以西结书》47章和《以弗所书》3:20-21为根基。这一异象鼓励会众期待上帝成就"超过所求所想"的恩典，具体实践包括：鼓励每位信徒带领"多一个人归主"，重点关注儿童与长者事工，并培育更多属灵领袖。最终指向核心目标：让教会成为更蒙神同在的教会，真正实现"耶和华的所在"这一定位，同心寻求上帝更大的荣耀。

My Impressions of the Nicene Creed

I remember first encountering the Nicene Creed in the United Methodist Hymnal when I was a teen attending service with my family in the 1980s. I was bored with the sermon (now don't judge me; it happens to all of us if we're being honest) and was flipping through the hymnal (yes, we had physical hymnals then!) when I came across a section on creeds and there it was – the Nicene Creed in all its glory. I recall the congregation reciting the Apostles' Creed every Holy Communion Sunday but figured at that time that it was because it was a more concise version of the longer Nicene Creed, a point that Bishop Emeritus Dr Wee Boon Hup made in his talk on 6 September 2025. I had signed up for the talk because I was curious about its history and deeper meaning.



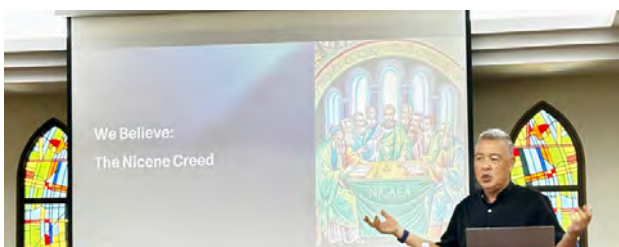
BE Wee also shared that it took around 300 years after Jesus' resurrection and ascension to first piece together a common creed among all the churches, and another 400 years to refine it to the Nicene Creed we know today, and we have the various ancient councils to thank for this.

The Nicene Creed, common to the Roman Catholic, Orthodox and mainline Protestant churches (and also some of the independent churches), is the singular unifying pledge of faith in the Triune God and proclaims towards the end: "(I believe) in one, holy, catholic, and apostolic church". This statement highlights our belief in and desire for ecumenism and full communion among all churches since "catholic" here means "universal". The Nicene Creed clearly shows to everyone what we believe in as a church, and surely that's a good thing, a reminder to ourselves and a declaration to others.

So why don't we recite the Nicene Creed, or the Apostles' Creed for that matter, these days? Is it because it would take too much time during service? I timed myself reciting it s-l-o-w-l-y and reverently, as it would be in a worship service. It took me less than two minutes. However, those two minutes meant a lot to me as I pledged my belief in God. Is it because it sounds too ritualistic for modern congregations? But worship services regularly feature rituals for Holy Communion, Baptism and Confirmation.

Perhaps the recitation of creeds could be re-started in our services, even if occasionally. I'd like that very much.

– Amy Cheong



"We Believe" - A talk held on 6 Sept 2025, by Bishop Emeritus Wee Boon Hup, in commemoration of the 1700th anniversary of the Council of Nicaea, which began the process of formulating the Nicene Creed.

events in OCTOBER 2025

SUN	MON	TUE	WED	THU	FRI	SAT	
				01	02	03	04
				<ul style="list-style-type: none">Corporate Prayer MeetingGYM Line Dancing (ev Mon, Wed & Thu)	<ul style="list-style-type: none">GYM Line Dancing (ev Mon, Wed & Thu)Disciple 1 (till 27 Nov)Hermeneutics ((till 2 Oct)	GYM Stretch & Tone (ev Tue & Fri)	<ul style="list-style-type: none">Outreach – WoodleighSonshine KidsA Quiet Day retreat (for CIC participants)Baptism & Membership Class (till 11 Oct)Alpha (till 4 Oct)
05		06	07	08	09	10	11
<ul style="list-style-type: none">Laity Month: Children, Youth, Young Adults, CommunicationsOutreach – Migrant Workers English Class (ev Sun)Welcome Lunch		<ul style="list-style-type: none">Christian Believer (till 6 Oct)Floral Arrangement Outreach class)till 5 Jan)GYM Line Dancing (ev Mon, Wed & Thu)	<ul style="list-style-type: none">Disciple 3 (till 21 Oct)Family Life: Coming HomeMS Prayer Meeting (ev 1st Tue)GYM Stretch & Tone (ev Tue & Fri)	GYM Senior Connect (ev 2nd Thur)	Outreach – Shaw Road (ev Fri except 1st Fri)	<ul style="list-style-type: none">Outreach – Buangkok ECON RRYA Educators HotspotSonshine KidsMen’s Ministry (ev 2nd, 3rd & 4th Sat)	
12		13	14	15	16	17	18
<ul style="list-style-type: none">Laity Month: Outreach, Audio, HISMediaSilver Boxes Children’s Day Celebration		<ul style="list-style-type: none">Parents’ Briefing for Infant/Child BaptismWSCS Outreach – Anglican Family Centre	Outreach – St Luke’s Serangoon, Friends of Jesus (ev Tues except 1st Tues)	Missions Prayer Meeting (ev 3rd Wed)	YA Finance Industry Hotspot	Outreach – Shaw Road, Hope SCC	<ul style="list-style-type: none">Understanding Life’s Final Season TalkOutreach – Serangoon, ECON RRSonshine Kids
19		20	21	22	23	24	25
<div>Young Adults Solid-Tarry Retreat</div> <ul style="list-style-type: none">Laity Month: Discipleship & Nurture, Spiritual Formation, Filipino Service, MissionsBahasa Fellowship (ev 3rd Sun)		<ul style="list-style-type: none">Outreach – St Luke’s Lor Ah Soo, Friends of JesusFamily Life: Coming Home	The Gospel in Galatians (22 & 29 Oct)		Outreach – Shaw Road	<ul style="list-style-type: none">Basic SOZO TrainingOutreach – Lor Lew Lian, COME ministrySonshine KidsWSCS Ministry to AFC kids	
26		27	28	29	30	31	
<ul style="list-style-type: none">Laity Month: Cell, Men’s Ministry, WSCS, Glowing Years Ministry, Family Life		<ul style="list-style-type: none">LCECOutreach – St Luke’s Hougang, Friends of Jesus			<div>Crossover Camp (till 2 Nov)</div>		

Note: Listing is not exhaustive

A FAMILY BLESSED TO BLESS THE COMMUNITY AND THE NATIONS

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