

# heartbeat@PLMC



## Celebrating A New Year of More 欢庆迎接更多之年

The PLMC Living Stones Mandarin Service ushered in Chinese New Year on Feb 22 with a festive song presentation by our very own seven-member Chinese Musical Ensemble, the first such performance in many years.

Together with the Mandarin Choir's song item, festive greetings and warm smiles, the service was truly celebratory.

Chang Qing fellowship's senior members also enjoyed the yearly "Lohei" tradition, tossing *yusheng* with gusto at the Fellowship Hall, before a fun time of games and other interactive activities.

We pray for **more** of God's blessing for PLMC, so we can to bless even **more** with His love in the year ahead.

2月22日, PLMC 活石华语崇拜以欢快的歌声迎接农历新年。我们教会的七人华乐团献上了精彩的演出,这也是多年来的首次演出。

伴随着诗班的歌声、节日的祝福和温暖的笑容,整个崇拜聚会充满了喜庆的气氛。

长青团契的长者们也参与了一年一度的捞鱼生传统活动,在友谊厅里兴致勃勃地抛捞鱼生,之后大家一起玩了游戏,进行了其他互动活动。

我们祈求上帝赐福PLMC与活石华语崇拜,使我们在新的年里能以祂的爱去祝福更多的人。

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(Cover) Livingstones Mandarin Service Chinese Musical Ensemble opening the service with a special presentation while (above) the Mandarin Choir rendered an anthem. (Below) Pastor Jacob beginning the sermon series on Ephesians, amidst smiles and a festive warmth during the service.

(封面) 活石华乐借着传统乐器在聚会的开场献上了特别的新年祝贺曲，(上方) 而诗班也呈现了敬拜歌曲。(下方) 林建成牧师在温暖欢乐的气氛中开启了以弗所书的系列讲道。



(Below) Members of the Chang Qing Senior Fellowship celebrating with Lohei, interactive games and fellowship. (下方) 长青乐龄团契的成员们在银铃般的笑声中一起捞鱼生，玩游戏，猜灯谜彼此祝福。



# Young Adults Hotpot



As we gathered for our Young Adults (YA) Reunion Hotpot on 28 February, we witnessed the beauty of being one YA family in PLMC, laughing, reconnecting, meeting new friends, and sharing life around the table.

With about 110 of us present, it was more than just a meal. It was also a reminder that we belong to something bigger than ourselves. We are not just individuals attending church; we are a family journeying together.

Beyond the feasting, we also considered PLMC's theme for 2026, the Year of More, and what it meant for us. We were reminded that "more" is not about busyness or simply adding more activities. Rather, it is about growing together as a spiritual family and making room for what God wants to do among us.

Our heart is to connect more YAs into community, to deepen discipleship, and to create intentional spaces where we grow together as one church body, building deeper roots so that we can reach wider.

We rejoice in the many inter-cell connections formed and renewed that night. Your presence encourages us and strengthens this family.

Thank you for showing up, for bringing your food, your laughter, your stories, and most importantly, yourselves.

As we move forward, may 2026 truly be:

新年满有主同在

Xīn nián mǎn yǒu Zhǔ tóng zài

May the new year be filled with the Lord's presence.

– Josiah Ang



# Missions Preparatory Course



Going for a missions trip is a meaningful and transformative experience—and preparation makes all the difference. If you are considering a missions trip, the Missions Preparatory Course (MPC) is designed to equip every tripper spiritually, mentally, culturally, and practically so that you can serve with confidence and excellence on the field.

Whether you're a first-time tripper or someone who would like a refresh and re-alignment, MPC helps you build a strong foundation for effective and sustainable missions engagement. Through MPC, you will:

- Discover God's heart for missions and what motivates us to go.
- Understand the theology of missions and how it shapes the way we serve.
- Gain insight into cross-cultural dynamics so you can engage people with humility and respect.
- Learn to function as one unified team, building trust and partnership with your teammates.
- Be equipped with practical dos & don'ts that help you avoid common pitfalls.
- In prayerwalking, learning to depend on the Holy Spirit as you prepare spiritually for the field.

Taking a missions trip this year? Take the first step with the **Missions Preparatory Course**, and be empowered for God's mission for you.

**16 May, 10am to 12pm**

**26 July, 2 to 4pm**

**27 Sep, 2 to 4pm**

Register at: [plmc.org/go-together](https://plmc.org/go-together)



*"Joining MPC prepared me to join the upcoming Missions Exposure Trip in Batam. It helps me to understand more about God in a tangible way."  
– Derrick (a youth and a young believer)*



*MPC offered a panoramic and comprehensive insight of mission preparation, covering upward reliance on the Holy Spirit, outward sensitivity to team dynamics and the culture of unreached peoples, as well as inward examination of our motivation & response of prayer.  
– Chee Seng (a cell group leader preparing his cell for MET)*

# Inclusivi-TEA CNY Hotpot



Our Inclusivi-TEA champions organised a special hotpot evening on 6 March that gathered volunteers, caregivers and friends with special needs for a time of feasting, fellowship and fun.

With 30 people present, the evening was filled with good food, warmth and laughter, made even more memorable by a time of festive games. One of the highlights was a cheerful activity where participants rolled an orange in the hope of winning a prize, a simple but fun game that brought plenty of smiles and excitement all around. It was encouraging to see people connecting so naturally and enjoying a space where everyone could feel comfortable, welcomed and cared for.

At the heart of Inclusivi-TEA is the meaning behind its name: **Together, Everyone is Accepted**. The event reflected this beautifully as it was not simply about sharing a meal, but also building a community where every person is valued and included. In a simple yet meaningful way, the evening reminded us that the church is at its best when it reflects God's love through welcome, fellowship and belonging.

– Ephraim Lim



Inclusivi-TEA champion Ephraim (bottom right) with participants enjoying fun games and fellowship over hotpot.

# Blueprint for Success



TRAC President, Rev Reuben Ng, delivering the insightful breakfast talk which was organised by the Men's Ministry.

On 28 February 2026, the Men's Ministry (MM) of Paya Lebar Methodist Church organised a talk by TRAC President Rev Reuben Ng, who spoke about our roadmap to success. The event drew about 160 attendees across different genders, generations, and even included visitors. Participants tucked into a hearty breakfast before settling in for the insightful session. Rev Reuben anchored his message on the foundation of our identity in Christ, exploring what true success means for believers. Drawing from the lives Daniel and Joseph and also the book of Genesis, he shared a biblical blueprint for success. Key themes included pursuing excellence, understanding the role and limits of AI, and the importance of finishing well.

The session concluded with an engaging Q&A conducted via Slido.

Feedback from attendees was overwhelmingly positive, with many expressing a desire for more time to further unpack the insights shared.

The ministry looks forward to hosting Rev Reuben again in the future. – Marcus Ang



Certificates of completion were presented to participants of the MM seasons 2 and 3. They mark the final batch as MM is moving into newer and updated formats.

Photos by Jack Kwok